DCH130 Techniques & Embodied Learning



Albinus, Bernhard Siegfried, HALE, ROBERT BEVERLY., and Coyle, Terence. 1988. Albinus on Anatomy: With 80 Original Albinus Plates. New York: Dover Publications.

Arnheim, Daniel D. 1986. Dance Injuries: Their Prevention and Care. 2nd ed. London: Dance Books.

Barlow, Wilfred. 2001. The Alexander Principle: How to Use Your Body without Stress. New ed. London: Orion.

Batson, Glenna. 2008a. 'Teaching Alignment from a Mechanical Model to a Dynamic One [IN] The Body Eclectic: Evolving Practices in Dance Training'. In The Body Eclectic: Evolving Practices in Dance Training, 134–52. Urbana: University of Illinois Press.

Batson, Glenna, and Wilson, Margaret. 2014. 'Introduction'. In Body and Mind in Motion: Dance and Neuroscience in Conversation, 1–12. Bristol: Intellect.

Blakey, Paul. 2007. The Muscle Book. [New ed.]. Ventnor, Isle of Wight: Bibliotek Books.

'Body and Society'. 1995.

Brodie, Julie A. and Lobel, Elin E. 2012. Dance and Somatics: Mind-Body Principles of Teaching and Performance. Jefferson, N.C.: McFarland.

Cohen, Bonnie Bainbridge. 2008b. 'Introduction to Body-Mind Centering [IN] Sensing, Feeling, and Action: The Experiential Anatomy of Body-Mind Centering'. In Sensing, Feeling, and Action: The Experiential Anatomy of Body-Mind Centering, 2nd ed, 1–6. Northampton, MA: Contact Editions.

———. 2008. Sensing, Feeling, and Action: The Experiential Anatomy of Body-Mind Centering. 2nd ed. Northampton, MA: Contact Editions.

Coulter, H. David. 2001a. Anatomy of Hatha Yoga: A Manual for Students, Teachers, and Practitioners. Honesdale, Pa: Body and Breath.

———. 2001b. Anatomy of Hatha Yoga: A Manual for Students, Teachers, and Practitioners. Honesdale, Pa: Body and Breath.

Delahunta, Scott, and Ric Allsopp. 1996. The Connected Body?: An Interdisciplinary Approach to the Body and Performance. Amsterdam: Amsterdam School of the Arts.

Featherstone, Mike, Mike Hepworth, and Bryan Stanley Turner. 1990. The Body: Social

Process and Cultural Theory. Vol. Theory, culture&society. London: Sage.

Fraleigh, Sondra. 1998a. 'A Vulnerable Glance: Seeing Dance Through Phenomenology'. In The Routledge Dance Studies Reader, 135–43. London: Routledge.

Franklin, Eric N. 1996. Dance Imagery: For Technique and Performance. Champaign, IL: Human Kinetics.

Grieg, Valerie. 1994. Inside Ballet Technique: Separating Anatomical Fact from Fiction in the Ballet Class. Hightstown: Princeton.

Haas, Jacqui Greene. 2010. Dance Anatomy. Electronic resource. Champaign, III: Human Kinetics.

https://www.vlebooks.com/vleweb/product/openreader?id=Falmouth&isbn=978145040433 4.

Hanna, Thomas. 1988. Somatics: Reawakening the Mind's Control of Movement, Flexibility, and Health. Cambridge, Mass: Da Capo.

———. 1995. 'What Is Somatics?' In Bone, Breath & Gesture: Practices of Embodiment, 341–52. Berkeley, Calif: North Atlantic Books; California Institute of Integral Studies.

Howse, Justin and McCormack, Moira. 2009. Anatomy, Dance Technique & Injury Prevention. 4th ed. London: Methuen Drama.

'Journal of Dance and Somatic Practices'. n.d.

Juhan, Deane. 2003. Job's Body: A Handbook for Bodywork. 3rd ed. Barrytown: Station Hill Press.

https://ebookcentral.proquest.com/lib/falmouth-ebooks/detail.action?docID=1935627.

Kaminoff, Leslie, Matthews, Amy, and Ellis, Sharon. 2007. Yoga Anatomy. Electronic resource. Leeds: Human Kinetics.

https://www.vlebooks.com/vleweb/product/openreader?id=Falmouth&isbn=978145040354 2.

Kapit, Wynn and Elson, Lawrence M. 2001. The Anatomy Coloring Book. 3rd ed. San Francisco: Benjamin Cummings.

Long, Ray and Maclvor, Chris. 2006. The Key Muscles of Yoga: Your Guide to Functional Anatomy in Yoga. 3rd ed. Vol. Scientific keys. [Plattsburgh, N.Y.?]: Bandha Yoga.

Long, Ray and Macivor, Chris. 2008. The Key Poses of Yoga: Your Guide to Functional Anatomy in Yoga. Vol. Scientific keys. [Plattsburgh, N.Y.?]: Bandha Yoga.

M.O'Donnell. 2005. 'Release Dance Curriculum Written for ARTEZ, Arnhem, the Netherlands'. http://www.timeless-records.com/releasedance/pdf/one%20line%20release.pdf.

Novak, Cynthia J. 2010. 'Looking at Movement as Culture [IN] The Routledge Dance Studies Reader'. Electronic resource. In The Routledge Dance Studies Reader, 2nd ed, 168–80. London: Routledge. https://www.dawsonera.com/guard/protected/dawson.jsp?name=https://shibboleth.falmout h.ac.uk/idp/shibboleth&dest=http://www.dawsonera.com/depp/reader/protected/external/A bstractView/S9780203860984.

Olsen, Andrea. 1998b. 'Basic Concepts: Change, Posture, Structure, Choice [IN] Body Stories: A Guide to Experiential Anatomy'. In Body Stories: A Guide to Experiential Anatomy, [Expanded ed.], 1–13. New York, NY: Barrytown Ltd.

Olsen, Andrea and Mchose, Caryn. 1998. Body Stories: A Guide to Experiential Anatomy. [Expanded ed.]. New York, NY: Barrytown Ltd.

O'Reilly, Sally. 2009. The Body in Contemporary Art. Vol. World of art. London: Thames & Hudson.

'Performance Research Vol 14 No 2 On Training'. n.d. 14 (2). https://go.openathens.net/redirector/falmouth.ac.uk?url=http://www.tandfonline.com/toc/r prs20/14/2#.VfIDAGRVhBc.

'Performance ResearchVol 8 No 2 Bodiescapes'. 2003 8 (2). https://go.openathens.net/redirector/falmouth.ac.uk?url=http://www.tandfonline.com/toc/r prs20/8/2.

'Research in Dance Education'. n.d.

Thomas, Helen. 2003. The Body, Dance, and Cultural Theory. Basingstoke: Palgrave Macmillan.

Thomas, Helen, and Jamilah Ahmed. 2004. Cultural Bodies: Ethnography and Theory. Oxford: Blackwell.

Thomasen, Eivind and Rist, Rachel-Anne. 1996. Anatomy and Kinesiology for Ballet Teachers. London: Dance Books.

Todd, Mabel Elsworth. 1997. The Thinking Body: A Study of Balancing Forces of Dynamic Man. London: Dance Books.

Turner, Bryan S. 2012. Routledge Handbook of Body Studies. Electronic resource. Vol. Routledge international handbooks. London: Routledge. https://go.openathens.net/redirector/falmouth.ac.uk?url=https://www.taylorfrancis.com/bo oks/9780203842096.

Turner, Bryan Stanley. 1996. The Body and Society: Explorations in Social Theory. 2nd ed. Vol. Theory, culture&society. London: Sage Publications.