

DCH130 Techniques & Embodied Learning

[View Online](#)

1

Novak, Cynthia J. Looking at movement as culture [IN] The Routledge dance studies reader. In: The Routledge dance studies reader. London: : Routledge 2010. 168-80.<https://www.dawsonera.com/guard/protected/dawson.jsp?name=https://shibboleth.falmouth.ac.uk/idp/shibboleth&dest=http://www.dawsonera.com/depp/reader/protected/external/AbstractView/S9780203860984>

2

Delahunta S, Allsopp R. The Connected body?: an interdisciplinary approach to the body and performance. Amsterdam: : Amsterdam School of the Arts 1996.

3

Featherstone M, Hepworth M, Turner BS. The Body: social process and cultural theory. London: : Sage 1990.

4

Turner BS. Routledge handbook of body studies. London: : Routledge 2012. <https://go.openathens.net/redirector/falmouth.ac.uk?url=https://www.taylorfrancis.com/books/9780203842096>

5

Turner BS. The body and society: explorations in social theory. 2nd ed. London: : Sage Publications 1996.

6

O'Reilly S. The body in contemporary art. London: : Thames & Hudson 2009.

7

Thomas H, Ahmed J. Cultural bodies: ethnography and theory. Oxford: : Blackwell 2004.

8

Thomas H. The body, dance, and cultural theory. Basingstoke: : Palgrave Macmillan 2003.

9

Olsen, Andrea. Basic Concepts: Change, Posture, Structure, Choice [IN] Body stories: a guide to experiential anatomy. In: Body stories: a guide to experiential anatomy. New York, NY: : Barrytown Ltd 1998. 1-13.

10

Cohen, Bonnie Bainbridge. Introduction to body-mind centering [IN] Sensing, feeling, and action: the experiential anatomy of body-mind centering. In: Sensing, feeling, and action: the experiential anatomy of body-mind centering. Northampton, MA: : Contact Editions 2008. 1-6.

11

Coulter, H. David. Anatomy of hatha yoga: a manual for students, teachers, and practitioners. Honesdale, Pa: : Body and Breath 2001.

12

Hanna, Thomas. Somatics: reawakening the mind's control of movement, flexibility, and health. Cambridge, Mass: : Da Capo 1988.

13

Blakey, Paul. The muscle book. [New ed.]. Ventnor, Isle of Wight: : Bibliotek Books 2007.

14

Brodie, Julie A., Lobel, Elin E. Dance and somatics: mind-body principles of teaching and performance. Jefferson, N.C.: : McFarland 2012.

15

Arnheim, Daniel D. Dance injuries: their prevention and care. 2nd ed. London: : Dance Books 1986.

16

Coulter, H. David. Anatomy of hatha yoga: a manual for students, teachers, and practitioners. Honesdale, Pa: : Body and Breath 2001.

17

Thomassen, Eivind, Rist, Rachel-Anne. Anatomy and kinesiology for ballet teachers. London: : Dance Books 1996.

18

Kaminoff, Leslie, Matthews, Amy, Ellis, Sharon. Yoga anatomy. Leeds: : Human Kinetics 2007.
<https://www.vlebooks.com/vleweb/product/openreader?id=Falmouth&isbn=9781450403542>

19

Long, Ray, Macivor, Chris. The key muscles of yoga: your guide to functional anatomy in yoga. 3rd ed. [Plattsburgh, N.Y.?]: : Bandha Yoga 2006.

20

Long, Ray, Macivor, Chris. The key poses of yoga: your guide to functional anatomy in yoga

. [Plattsburgh, N.Y.?]: : Bandha Yoga 2008.

21

Cohen, Bonnie Bainbridge. Sensing, feeling, and action: the experiential anatomy of body-mind centering. 2nd ed. Northampton, MA: : Contact Editions 2008.

22

Franklin, Eric N. Dance imagery: for technique and performance. Champaign, IL: : Human Kinetics 1996.

23

Howse, Justin, McCormack, Moira. Anatomy, dance technique & injury prevention. 4th ed. London: : Methuen Drama 2009.

24

Juhan, Deane. Job's body: a handbook for bodywork. 3rd ed. Barrytown: : Station Hill Press 2003.

<https://ebookcentral.proquest.com/lib/falmouth-ebooks/detail.action?docID=1935627>

25

Todd, Mabel Elsworth. The thinking body: a study of balancing forces of dynamic man. London: : Dance Books 1997.

26

Albinus, Bernhard Siegfried, HALE, ROBERT BEVERLY., Coyle, Terence. Albinus on anatomy: with 80 original Albinus plates. New York: : Dover Publications 1988.

27

Barlow, Wilfred. The Alexander principle: how to use your body without stress. New ed. London: : Orion 2001.

28

M.O'Donnell. Release Dance Curriculum written for ARTEZ, Arnhem, the Netherlands. 2005.<http://www.timeless-records.com/releasedance/pdf/one%20line%20release.pdf>

29

Grieg, Valerie. Inside ballet technique: separating anatomical fact from fiction in the ballet class. Hightstown: : Princeton 1994.

30

Haas, Jacqui Greene. Dance anatomy. Champaign, Ill: : Human Kinetics 2010.
<https://www.vlebooks.com/vleweb/product/openreader?id=Falmouth&isbn=9781450404334>

31

Kapit, Wynn, Elson, Lawrence M. The anatomy coloring book. 3rd ed. San Francisco: : Benjamin Cummings 2001.

32

Olsen, Andrea, Mchese, Caryn. Body stories: a guide to experiential anatomy. [Expanded ed.]. New York, NY: : Barrytown Ltd 1998.

33

Journal of Dance and Somatic Practices.

34

Research in dance education.

35

Body and society. 1995.

36

Performance Research Vol 14 no 2 On Training. ;**14**

.<https://go.openathens.net/redirector/falmouth.ac.uk?url=http://www.tandfonline.com/toc/prs20/14/2#.VfIDAGRVhBc>

37

Performance Research Vol 8 no 2 Bodiescapes. 2003;**8**

.<https://go.openathens.net/redirector/falmouth.ac.uk?url=http://www.tandfonline.com/toc/prs20/8/2>

38

Batson, Glenna. Teaching alignment from a mechanical model to a dynamic one [IN] The body eclectic: evolving practices in dance training. In: The body eclectic: evolving practices in dance training. Urbana: : University of Illinois Press 2008. 134–52.

39

Hanna, Thomas. What Is Somatics? In: Bone, breath & gesture: practices of embodiment. Berkeley, Calif: : North Atlantic Books; California Institute of Integral Studies 1995. 341–52.

40

Batson, Glenna,, Wilson, Margaret. Introduction. In: Body and mind in motion: dance and neuroscience in conversation. Bristol: : Intellect 2014. 1–12.

41

Fraleigh, Sondra. A Vulnerable Glance: Seeing Dance Through Phenomenology. In: The Routledge dance studies reader. London: : Routledge 1998. 135–43.